

# “Include”

## “Include” without e.g.

The verb “**to include**” is often used when mentioning only some items in a group or some items from a longer list. The subject is often a count noun in the plural.

In this case, using “include” means that there are other symptoms that are not mentioned in the sentence.

- III. Symptoms
  - A. Fatigue
  - B. Abdominal pain
  - C. Diarrhea
  - D. Nausea
  - E. Vomiting
  - F. Low fever

*The symptoms of X **include** fatigue, abdominal pain, and diarrhea. Others are nausea, vomiting, and low fever.*

The verb “**to include**” can also be used with singular nouns that describe a process or action.

Examples:

treatment	examination	assessment	evaluation
diagnosis	consultation	therapy	

With these words, “**to involve**” works nicely as well:

*Treatment **includes** bed rest and medication.*  
 (“includes” implies there are other treatment options)

*Treatment **involves** bed rest and medication.*

## “Include” with e.g.

Since “include” means only some examples from a larger group are mentioned, it can be used instead of “such as” or “for example” when “e.g.” is in an outline.

- A. Medications, e.g.
  - 1. Panadol
  - 2. ibuprofen

*Medications, such as Panadol and ibuprofen, are used to treat this condition.*

*Medications, for example, Panadol and ibuprofen, are used to treat this condition.*

*Medications, which include Panadol and ibuprofen, are used to treat this condition.*

*Medications, including Panadol and ibuprofen, are used to treat this condition.*

*The medications that are used to treat this condition include Panadol and ibuprofen.*

**Note:** Do not use “to involve” when “e.g.” is present in an outline.

*The assessment involves blood tests and x-rays.*

WRONG

*The assessment includes blood tests and x-rays.*

CORRECT

(“includes” implies there are other tests in the assessment)

## “Include”: Exercise

**Directions:** Write sentences based on the outlines below, using “include.”

- 1) Diagnosis
  - A. Medical history
  - B. Certain tests, e.g.
    - 1. complete blood count
    - 2. urine tests
    - 3. brain scan

The doctor relies on a few methods to diagnose this condition. First, the patient’s medical history is taken, and the doctor performs \_\_\_\_\_

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### Pituitary Tumor

- 2) Symptoms
  - A. Headaches
  - B. Seizures
  - C. Personality changes
  - D. Drooping eyelids
  - E. Breast development in males
  - F. Impaired sense of smell
  - G. Gastrointestinal disturbances, e.g.
    - 1. nausea
    - 2. vomiting
    - 3. constipation

Many symptoms are associated with pituitary tumors. These symptoms \_\_\_\_\_

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## Muscle Strain

- 3) Treatment
  - A. Medications, e.g.
    - 1. aspirin
    - 2. muscle relaxants
  - B. Home remedies
    - 1. applying ice to injury
    - 2. elevating leg

A muscle strain is treated with medications and home remedies\_\_\_\_\_

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